

STAY HEALTHY IN RETIREMENT

Thursday, August 11

**Two Classes
at North County Branch
1:30pm and 3:00pm**

Do you want to live a healthy life while in retirement, or anytime? Join Todd Robbins, award-winning physical therapist and owner of Robbins Rehabilitation East, for an educational workshop in staying healthy and well. All attendees will receive complimentary snacks and a chance to win our raffle prizes!



**Register online at <https://hclibrary.libcal.com>
or call 908-730-6135.**